

# MOVING VAN SIZING GUIDE

*Make Moving Easier with Man and Van Lewisham*

Choosing the right van size is essential for a smooth and stress-free move. Use this guide from **Man and Van Lewisham** to select the ideal option for your relocation.

## Van Sizes Explained

### 1. Small Van (200 cubic feet)

#### Ideal For:

- Studio apartments or small office moves
- Student moves or light loads from a single room.

#### What can fit:

- 10-12 boxes, a small desk, or a TV stand.
- Ideal for students or individuals relocating within Ealing for minimal items.

**Moving Tip:** Carefully wrap delicate items to prevent damage.

### 2. Medium Van (400-600 cubic feet)

#### Ideal For:

- 1-bedroom flats or small office relocations.
- Appliances and mid-sized furniture

#### What can fit:

- 25 boxes, a small sofa, or a dining table.
- Ideal for slightly larger moves involving household appliances and more personal belongings.

**Moving Tip:** Place heavier items at the bottom of the stack to maximize safety.

### 3. Luton Van (600-800 cubic feet)

#### Ideal For:

- 2-bedroom homes or moderate office moves.
- Multiple large furniture pieces and boxes

#### What can fit:

- 50 boxes, large furniture, and appliances.
- Beds, wardrobes, dining tables, and living room furniture
- Great for family homes with multiple rooms, or larger apartment moves.

**Moving Tip:** Use protective coverings for large furniture.

### 4. Large Luton Van (1,000-1,200 cubic feet)

#### Ideal For:

- Full house or large office moves.
- Heavy, bulky, and oversized items

#### What can fit:

- 70+ boxes, including wardrobes, beds, and large appliances.
- Perfect for extensive household moves or relocating offices with heavy furniture and equipment.

**Moving Tip:** Pack a separate box for essentials to access quickly after the move

## FAQs

**Q:** How do I pick the right van size?

**A:** Match the van size to your belongings or ask our team for guidance.

**Q:** Can you accommodate last-minute moves?

**A:** Yes! We strive to meet urgent needs whenever possible.

## Packing Tips for a Smooth Move

- **Begin packing early** to avoid last-minute stress.
- **Label all boxes** with their contents and the room they belong to.
- **Declutter items** you no longer need to reduce costs.

## Moving Checklist

- Create a detailed inventory
- Pack and label boxes
- Disassemble larger furniture
- Arrange parking space for the van
- Confirm all details with Man and Van Lewisham

## Why Choose Man and Van Lewisham?

- Transparent pricing with no hidden costs.
- Reliable movers with years of experience.
- Flexible services for homes, offices, or single-item transport.
- Professional and friendly team dedicated to customer satisfaction

Contact us today for a free quote at **0203 375 3862**. Trust **Man and Van Lewisham** to handle your move professionally and efficiently.



**Man and Van**  
Lewisham.co.uk